

NEWSLETTER

June 2026



CountryMark®

PMR
HEALTHCARE

SINCE 2005

Prescriptions At Your PMR Clinic

01

Don't Forget Your Physical

Want to be eligible to receive free prescriptions? Make sure you complete a physical once a year! Please Note- antibiotics do not require a physical, only ongoing prescriptions.

Supporting safe, consistent patient care while saving you \$\$!



02

Medication Refills

Running low? Give your PMR clinic 1–3 days advance notice by calling, emailing, or using your patient portal. This helps us ensure prescriptions are ready on time with minimal delays!

Stay on track with your medications.

Free Prescriptions At Your PMR Clinic

Did you know? Your PMR Clinic Membership includes access to hundreds of free prescription medications! Your clinic has an onsite dispensary that we can provide you with medications from as needed. Start saving money today!

Definitions: Pharmacy vs Dispensary

Pharmacies make, bottle, and then dispense medications. They have fewer restrictions.

Dispensaries provide medications that are in stock– they do not make or bottle any medications.

PMR Healthcare is a regulated dispensary, providing medications directly through the clinic.

03

Outside Prescription Benefit

Outside prescriptions may be re-prescribed at PMR Healthcare after a physical, allowing eligible medications to be provided at no cost.

Make an appointment today to start saving money right away!

REMINDER: Schedule Your Physical!

All patients (employees & family members) who get an annual wellness physical in 2026 have the chance to **win up to \$150!** (In addition to what CountryMark pays!) Want another chance to win? New patients are entered into a raffle for a \$25 gift card every month! See our website for more details, + call to schedule your appointment today!