

# NEWSLETTER

APRIL 2026



Your PMR Clinic Membership



PMR  
HEALTHCARE

SINCE 2005

## Let's Schedule Your Next Appointment!

PMR Clinic Members can schedule 4 ways!

### Go Online (Or Use The App)

Enter your clinic's website using the access code CMhealth1!, then login to your patient portal to schedule an appointment or send secure messages to your care team!

A PMR team member will respond to you by the next business day.

### Give Us A Call

You can call the clinic at **812-505-9005** and we'll help you schedule an appointment!

If we miss you while helping another patient, please leave a voicemail & we'll call you back. Voicemails left after hours are answered the next business day.

### Send Us An Email

[pmrcountrymark@pmrhealthcare.com](mailto:pmrcountrymark@pmrhealthcare.com)

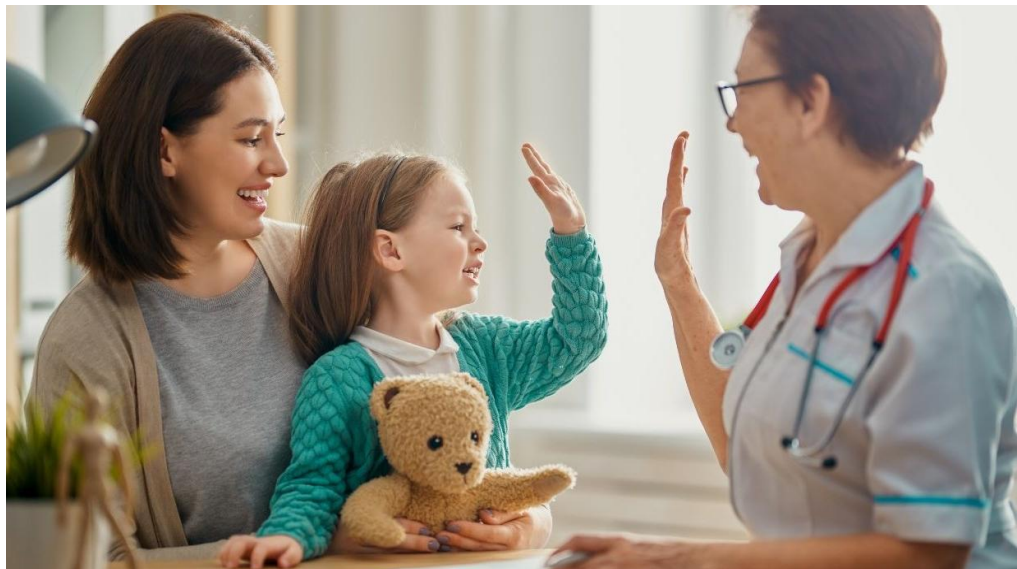
Emails sent to your clinic can be seen by your whole PMR medical team. We'll respond to you by the next business day.

If your email is care related, the response may come through your patient portal for security.

### Stop By The Clinic

Stop by the clinic – your friendly medical team is always happy to help you:

- Schedule your appointments
- Set up your Patient Portal and show you how to access your information
- Sign up to receive clinic emails, texts, and other important information.



## Exclusive, Unlimited Benefits

Your PMR Clinic Membership offers a smarter, more personalized approach to primary care—designed around *you*! Members enjoy unlimited visits for advanced scope primary care that goes beyond quick fixes to focus on true root-cause medicine. No age limits mean comprehensive care in every stage of life, all under one membership.

The biggest benefit? *Easy access!* Skip the long waits and scheduling headaches—appointments are readily available when you need them. Even more valuable, you'll have a dedicated care team that knows your history, understands your goals, and partners with you for better long-term health outcomes. It's care that's not only more accessible, but more connected, proactive, and effective.

## Same Day or Walk In

### Does my PMR Clinic offer same-day or walk-in appointments?

Your PMR Clinic offers same-day appointments to ensure everyone's needs are met in a timely manner.

For a same-day appointment, you call ahead to schedule a visit for a specific time slot that same day. A walk-in appointment is when you go to the clinic without calling and are seen based on staff availability, often after hours of waiting. We make every effort to ensure you are seen as soon as possible!

**New patients** will be automatically entered into a *MONTHLY* drawing for a **\$25 Amazon gift card!** Make an appointment & begin using your PMR Clinic membership today!

**All patients** who get an annual wellness physical in 2026 have the chance to win **up to \$150!** See our website for more details, + call to schedule your appointment today!